

2013 Results Worksheet

Area: _____

Today's Date: ____ / ____ / ____ Target Date: ____ / ____ / ____

Ultimate Vision:

Life Commitment for this area:

3-6 month short-term Result I want to achieve:
(Specific, Measurable, Achievable, Realistic, Time)

Purpose: Why do I want to achieve this result?

1. _____
2. _____
3. _____

What do I have to believe to achieve this result?

1. _____
2. _____
3. _____

Roles: Who do I have to be to achieve this result?

- _____
- _____
- _____

3 to Focus: 3 areas that I need to focus on most often:

- _____
- _____
- _____

How I am going to achieve this result? What is the plan?

Possible Obstacles:

- ---
- ---
- ---

Possible Solutions:

- ---
- ---
- ---

Skills I need to achieve this result:

- ---
- ---
- ---

Resources: People, groups, accountability partners, coaches, and trainings to help me achieve this result

- ---
- ---
- ---

MAP (Massive Action Plan): Write the actions and the target dates in order to achieve this result:

- | | |
|----------|-------------|
| 1. <hr/> | Date: <hr/> |
| 2. <hr/> | Date: <hr/> |
| 3. <hr/> | Date: <hr/> |
| 4. <hr/> | Date: <hr/> |
| 5. <hr/> | Date: <hr/> |
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